CYP-L5 Self-Review for Candidates

Self-reviews at regular intervals throughout the course are essential to the process of learning and demonstrating reflective skills. Apart from being a requirement for internal assessment, they also enable you to take responsibility and keep track of your own professional and personal development.

You may find it helpful to think about your learning and understanding gained in relation to each of the seven processes of the CYP-L5. The review could include:

- » A summary of main learning points
- » A review of progress to date
- » A review of personal learning goals for the course
- » An evaluation of learning needs
- » Reflections on understanding and application of theory

Here is a possible outline of a self-review:

Summarise what you have learnt on this course so far (or since the last review):

Review your progress (including skills, theory and personal development, client work etc.):

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Review your personal learning goals for this course:

Review your learning needs (you may find it helpful to do this in a tutorial):

Name: ………………………………………………………………………………..

Signed: ……………………………………………………………………………….

Date: ……………………………………………………………………………….

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